

How to get unstuck

Proverbs 13:11

*Wealth gained hastily will dwindle, but whoever gathers little by little will increase it.*

Romans 13:8

*Owe no one anything except to love one another.*

“If we command our wealth, we shall be rich and free. If our wealth commands us, we are poor indeed.” — *Edmund Burke*

### Preliminaries

Q: Why would we talk about finances?

A: Because Jesus talked about finances...a lot.

A: Financial stress can drain us of the energy we need for pressing on.

A: Leveraging your finances to impact the world for God’s glory is extremely exciting.

“When you live with financial margin, you can bless others.”  
– Anthony O’Neal

### Questions

- 1) What do we often see modeled?
  - a. Emotional influences: What do we feel about money?
  - b. Family/Relational influences: How have we seen money used?
  - c. Spiritual influences: What do we believe about money?

- 2) Where are we?
  - a. In many cases, a mirror of what we've seen modeled.
  - b. Some of us feel some level of shame or intimidation when it comes to finances.
  
- 3) How would you describe your financial situation?
  - a. Totaled and can't be fixed.
  - b. Needs an overhaul.
  - c. Running but needs a tune-up.
  - d. Have a supercar, but I keep getting tickets.
  
- 4) What do I actually need?
  
- 5) What am I seeking from what I buy?
  
- 6) Where do we go from here?

### Steps to getting unstuck

- 1) Give generously: What is my "First Principle?"
  
- 2) Live appropriately: Strive for margin by cutting expenses and/or seeking ways to increase your income legally.<sup>1</sup>
  
- 3) Save wisely.<sup>2</sup>

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<sup>1</sup> Art Rainer, *Find More Money: Increase Your Income to Tackle Debt, Save Wisely, and Live Generously*.

<sup>2</sup> Carey Nieuwhof, "Anthony O'Neal shares his debt story, how to start paying cash for everything, and breaking out of the student debt trap," *Carey Nieuwhof Podcast*,

[https://careynieuwhof.com/episode425/?utm\\_source=ActiveCampaign&utm\\_medium=email&utm\\_content=How+to+start+paying+cash+for+everything&utm\\_campaign=6%2F24+Anthony+O+neal](https://careynieuwhof.com/episode425/?utm_source=ActiveCampaign&utm_medium=email&utm_content=How+to+start+paying+cash+for+everything&utm_campaign=6%2F24+Anthony+O+neal).